



## DISABILITY MENTORING DAY RESOURCES

TOLL-FREE 866-296-9753  
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Youth Organizing (YO!) Disabled & Proud often hears youth with disabilities express their lack of mentoring experiences. Most youth that we encounter have never had an opportunity to connect with an adult role model with a disability. Often times this translates into youth with disabilities not knowing what disability resources exist in the community outside of school and how to connect or network with others that have disabilities.

The movement to mentor youth with disabilities across the country is growing. Youth want to know what is possible and how they can get the support that they need to be successful contributing adults with disabilities.

If your organization or business is interested in starting a Disability Mentoring Day, YO! Disabled & Proud would encourage you to look at what other companies are doing. Below is a list of Disability Mentoring Day programs with links to toolkits and strategies that will assist you in creating your own Disability Mentoring Day.

### **AAPD National Disability Mentoring Day**

<http://www.aapd.com/disability-mentoring-day/>

### **USDA Disability Mentoring Toolkit**

<https://www.targetcenter.dm.usda.gov/mentoring>

### **White Paper on Mentoring as a Disability Inclusion Strategy**

<https://www.pyd.org/blog/wp-content/uploads/2017/09/NDMC-White-Paper-Disability-Mentoring-Sept-2017.pdf>

**Critical Mentoring Webinar by Torie Weiston-Serdan, PhD as Presented to the National Disability Mentoring Coalition**

<https://youtu.be/1xu34xIV7L4>

Contact YO! Disabled & Proud if you have questions or would like additional information.

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