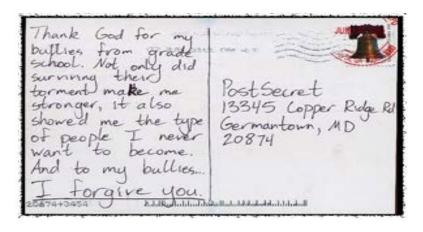
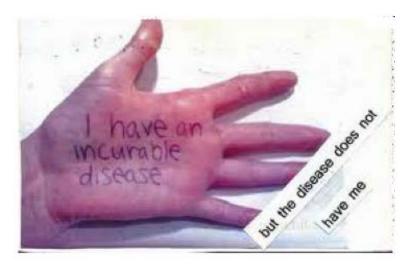


## POWER GARDS

This postcard says: Thank God for my bullies from grade school. Not only did surviving their torment make me stronger, it also showed me the type of people I never want to become. And to my bullies...I FORGIVE YOU.





This postcard has an image of a hand on the front of it. On the palm of the hand it says: "I have an incurable disease". On the corner of the card in small font, it says "but the disease does not have me".

The postcard has a wheelchair symbol in the middle of the card with wings and around the symbol it says: In my dreams I'm always flying





## POWER GARD ACTIVITY

The concept of this project is
that you get the chance to
anonymously decorate a
postcard and portray a
secret that you have never
previously revealed about

Post Card	
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This secret can be related to your disability, bullying experiences, life challenges, or everyday struggles you haven't previously shared with anyone.

Most importantly...these are completely anonymous!!

It empowers the readers to confess about their feelings, dreams, stories and experiences that otherwise would not be shared.

You can personalize the front of the postcard, or just share your secret on a pre-made postcard.

The sky is the limit!